



Create your own message or use one of our social media messages below, to help us build awareness and reduce the stigma around schizophrenia!

- **May 24 is #WorldSchizophreniaDay.** Did you know that 1 in every 100 people are living with schizophrenia, a treatable brain disorder? That's over 44,000 Albertans! Join me in helping to reduce the stigma and raise awareness, please share. **#SSAStridesofHope**
- **May 24 is #WorldSchizophreniaDay.** Did you know that schizophrenia is a treatable brain disorder that is just as common as Type One Diabetes? Join me in helping to reduce the stigma and raise awareness, please share. **#SSAStridesofHope**
- **May 24 is #WorldSchizophreniaDay.** 96% of individuals living with schizophrenia experience stigma and discrimination in their daily lives. Help reduce the stigma, please share. **#SSAStridesofHope**
- **May 24 is #WorldSchizophreniaDay.** Schizophrenia is a treatable brain disorder and recovery is possible! Join me in helping to reduce the stigma and raise awareness. **#SSAStridesofHope**
- **May 24 is #WorldSchizophreniaDay.** The common onset age for schizophrenia is between 15 - 25. With proper medical care, understanding, and support from a caring community, recovery is possible! Join me in helping to reduce the stigma and raise awareness. **#SSAStridesofHope**
- **May 24 is #WorldSchizophreniaDay.** We're walking for those living with schizophrenia, their parents, children and friends; the 170,000 Albertans affected by schizophrenia. Who are you walking for? **#SSAStridesofHope**
- **May 24 is #WorldSchizophreniaDay.** Schizophrenia does not discriminate, it affects people of all genders, races, economic and educational backgrounds equally. Join me in helping to reduce the stigma and raise awareness. **#SSAStridesofHope**

